Learning Formula:
Order of Operations + All RELEVANT Components + Open to Learn

Easy   You are learning it in the RIGHT ORDER, with ALL the RIGHT Components at the RIGHT
Hard   TIME = An Incomplete FORMULA

Complicated = UNNECESSARILY COMPLEX - Example: Psychology   Newton "in Simplicity there is truth"

Complex (Difficult) = MULTIPLE SIMPLE Components
Simple = Of few or one step or component

Story Construction

Want + Obstacle = Story

Problem Solving: Theory + Technique + Application

Realizing the Problem: What you Want vs. What obstacles are in the Way: Where Story Health requires Logical Health to Diagnose and restore balance.

The "Mount Everest" Point of View
- Reverse Engineering Your Story
- Reviewing Your Story

I want to be happy

What do I want?
And What is preventing me from getting it?

In Search of THE CATALYST
"Where did I go wrong?"

Building Your Equation

Determine Your Grouping

(How much should you review? From when?)

- Define the Time Frame
- Define the Subject
- Define the Thesis

REASON WHY you made THAT choice.
IT IS A CONSEQUENCE

NOW

Why DID YOU MAKE
THAT choice?

PRE-REQUISITE

Point of Incident

Data Analysis

Anna's Play

When Did I Play?
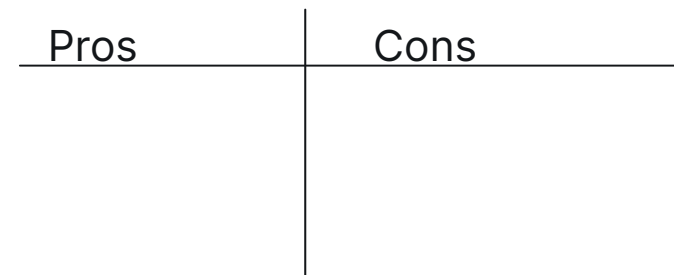Listed my HAPPIEST times
MAKE-BELIEVE WITH...

Define The Component
(Tools to Define your Components: AIDNS and Perspective Scope +
The Double Projection + Shifting Perspectives)

Relevant Components

What do I want?

Pros	Cons

ORGANIZING THE SITUATION

- Identify
- Define
- Categorize
- Label

Evaluating + Weighing in Inventory+ DEFINING

Triage Your Components

- Common Denominators
- Catalyst
- Symptom (Consequence) What CAUSED it?
- Anomalies (Related, but irrelevant)

Do not waste time on SYMPTOMS or CONSEQUENCES
RED HERRINGS = TIME WASTERS

"Crime of Explosive Aggression"

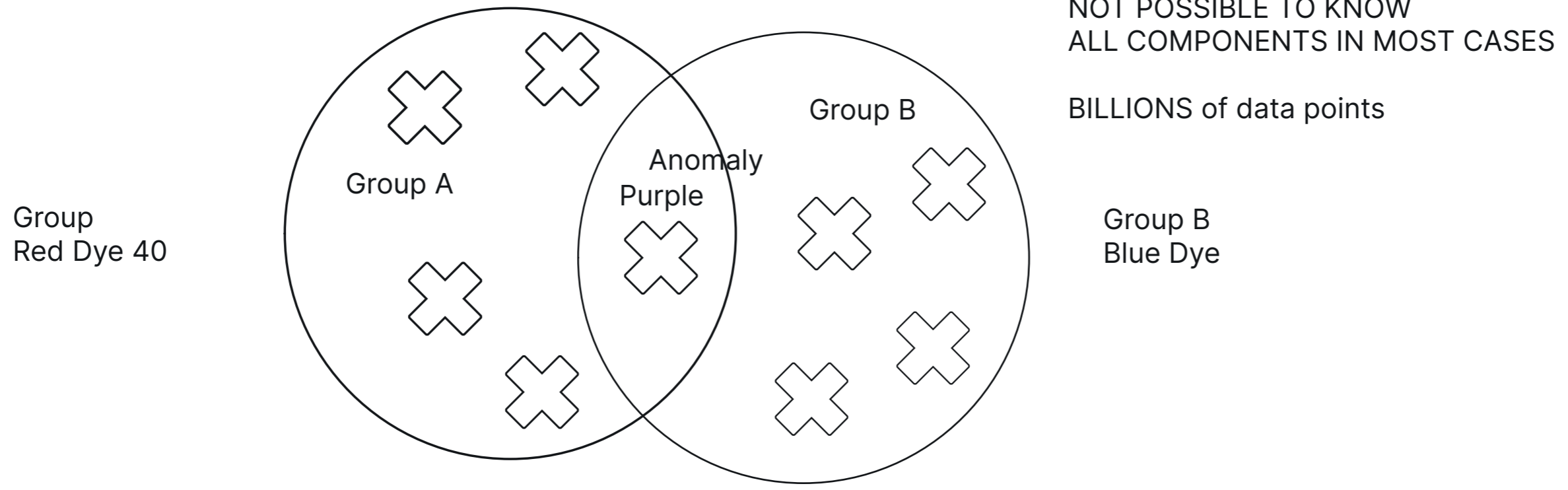Catalyst (Invisible) +> 1ST VISIBLE SYMPTOM +> 2nd Visible

Suppressed Potential Emotional Energy   Symptom   Train Crash   The deaths

CAUSE of the Crash

Related, but not RELEVANT due to
Imprecise Categorization

You need to refine your search

NOT POSSIBLE TO KNOW
ALL COMPONENTS IN MOST CASES

BILLIONS of data points

Group B

Group A

Anomaly
Purple

Group
Red Dye 40

Group B
Blue Dye

What is the Problem?
What is the Solution?
What do I want?
What is the Obstacle?

FORMULA OF CHANGE
Suffer/Pain + ROI (Reward) > Risk + Work to Change = CHANGE

Suffer/Pain + ROI (Reward) < Risk + Work to Change = NO CHANGE

(The Human Economics of Practical Use)

- Assign Value (Comparison Now to Desire)
- Evaluate Quantity of Work/Maintenance
- Advantage vs. Disadvantage
- Losses vs. Gains

The Connection
Quality

You   Your
                       Partner
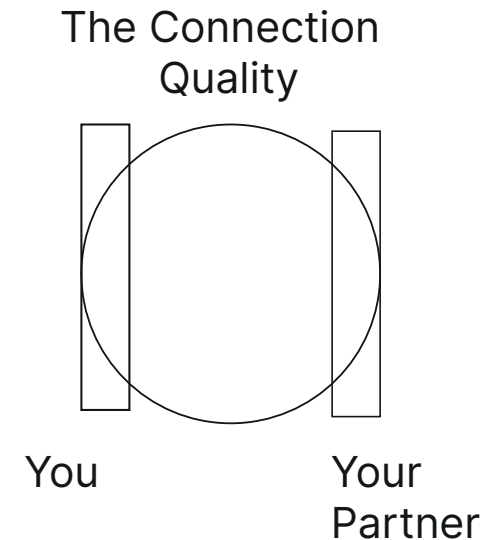
- Which "event" is the catalyst?
- Evaluate Frequency with Rate of Change
- Apply Circle of Trust and Discernment
- Toleration + Resistance vs. Interference

Level of Tolerance vs. Resistance to their Interference

HOW do I change?

Decide NOW   Wait

                              All Components to be Accumulated

Learn + Solve

ACCUMULATING DATA
Perspective Components (Perspective Scope)
Knowledge (RESEARCH)
Opportunity (AIDNS + Perspective Scope)
Resources:
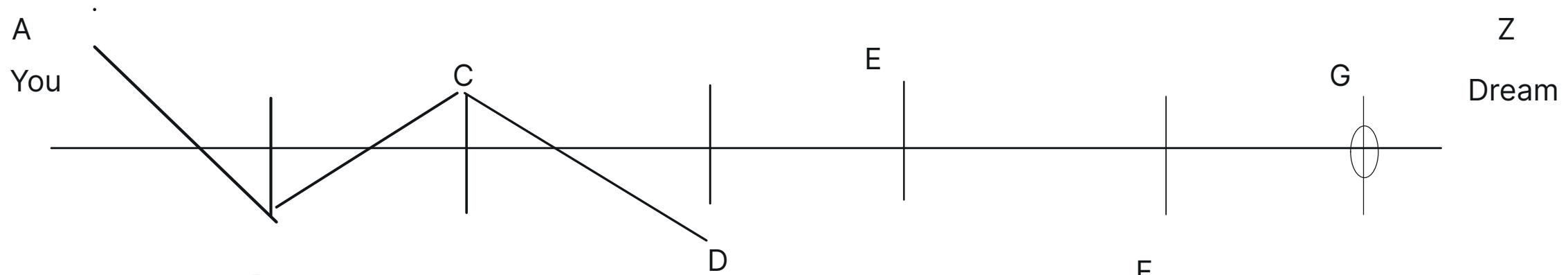
        EASY and IMMEDIATE: Money
        EASY and IMMEDIATE: Possessions

        Skills (proficiency)
        Information (Renewable Resources)

What STEPS do you need to do to get X?

Manifest THE BIG DREAM

A

You

C

E

G

Z

Dream

B

D

F

Manifest
THE NEXT STEP
2 hours - 36 HOURS

"Show me the next step"
"Show me the door"