Note: "The Spinal Itching" stopped around the 10th of You of I. The Heat still occurs.

Stages of Perspective Shifting

- 1. Integration (Epiphany) (Day 1)
- 2. See Mathematical Traction (Logical Deduction + Imagination + Cartesian Coordinate System + Highest Probability of Consequence all within the speed of synapses) AKA "Vision"
- 3. Overlap Out-Of-Phase Signals as you have TWO Perspectives inside of you at the same time: Leading to...
- 4. Disorientation (Delusion) (Day 1 to Day 2)
- 5. Scattered Components (NEW variables all over the place... most of which are UNDEFINED) (Day 2)
- 6. Exhaustion (Day 1 and Day 2)
- 7. Silent Contemplation, Summary, and Observation as you enter a state of Comprehension. (Day 3)
- 8. Begins the Sorting, Organizing, Labelling, and Compartmentalizing of all the Components (Day 3)

1st Perspective of the They of I

I of I: Self-Love

You of I: Love of Others. Love of "You"

Ethics from the You of I:

- 1. Equal Footing
- 2. Mindful Preservation of Others Despite My Ignorance of Others (Prime Directive)

I of I: Self-Love

You of I: Love = Preservation and Nourishment

Self-Preserve and Nourish instead of Attack and Defend

Every Ethical Stage is an "ingredient" to Love. And when you step into an Ethical State, you are familiarizing yourself with each ingredient. And then at the 12th, you become "A Chemist" and the Ingredients integrate into Love. And THEN you get to see "what you were making" the entire time.