

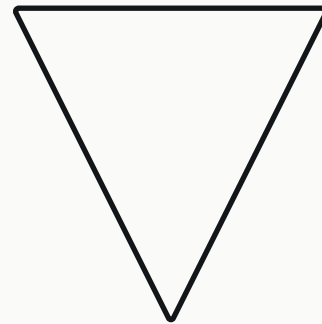
The Cognitive Core

By Anna Imagination of The Healing Garden

How do you prevent the Abuser's Door? Education.

- 1- Self-Nourishment
- 2 - Self-Authority
- 3 - Self-Regulation (Freedom)
- 4 - Discernment
- 5 - Accountability
- 6 - Self-Value/Equal Footing
- 7- Humble Submission to Learn (Receive)
- 8 - Effective Communication (Transmit)
- 9 - Sharing
- 10 - Emotional Fluidity
- 11 - Logical Navigation
- 12 - No Judgement / Forgiveness

The Abuser's Door
140,000 Bits of Data PER DAY



Checks and Balances
Binomial Language of "1" and "0"
"1" = Open = True
"0" Closed" = Lie

"Self Doubt opens the Door."

Self Civil War +> Mental Illness
Battle Loyalty / The Self vs. The Abuser

Ignorance (Wrong)
Fear (Parent)
Malicious (Evil)

The Dichotomy of Self Conflict
Ratio of Self to Not-Self => Calibration

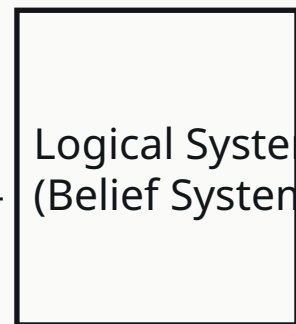
Logical In Sequence
Hierarchy



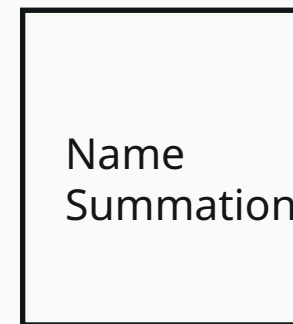
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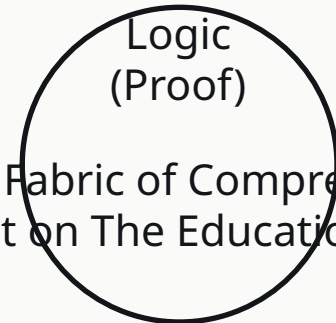
Cognitive Dissonance
"Out-Of-Phase" Signals
Autonomic Nervous System = Re-calibrates
Rewiring Of The Nervous System
"Vagus Nerve" used as a Supplement of the
Nervous System

3
5 (40) = Harmonic/ Clocks,
7 (4)
12 = Calendar
"4" or "40" = Fulcrum

Wants
Decides
Chooses
Dreams
Imagines

The 12 Ethics
(Barriers)

Logical Fabric of Comprehension
Dependent on The Educational System



Belief Fortifies
(Faith)

Story Health
Logical Health
Social Health

Word = Logic
Logos = Word
Word = Summation Of Logic
Premise Simple = Compound
DEFINE THE WORD
Taxonomy Prefix/Suffix

1ST Ethic = Closed to Nourish
2nd Ethic = Open to Receive (LEARNING ONLY)
3rd Ethic = Toggling

The 5 Levels of The Subconscious Mind

By Anna Imagination of The Healing Garden

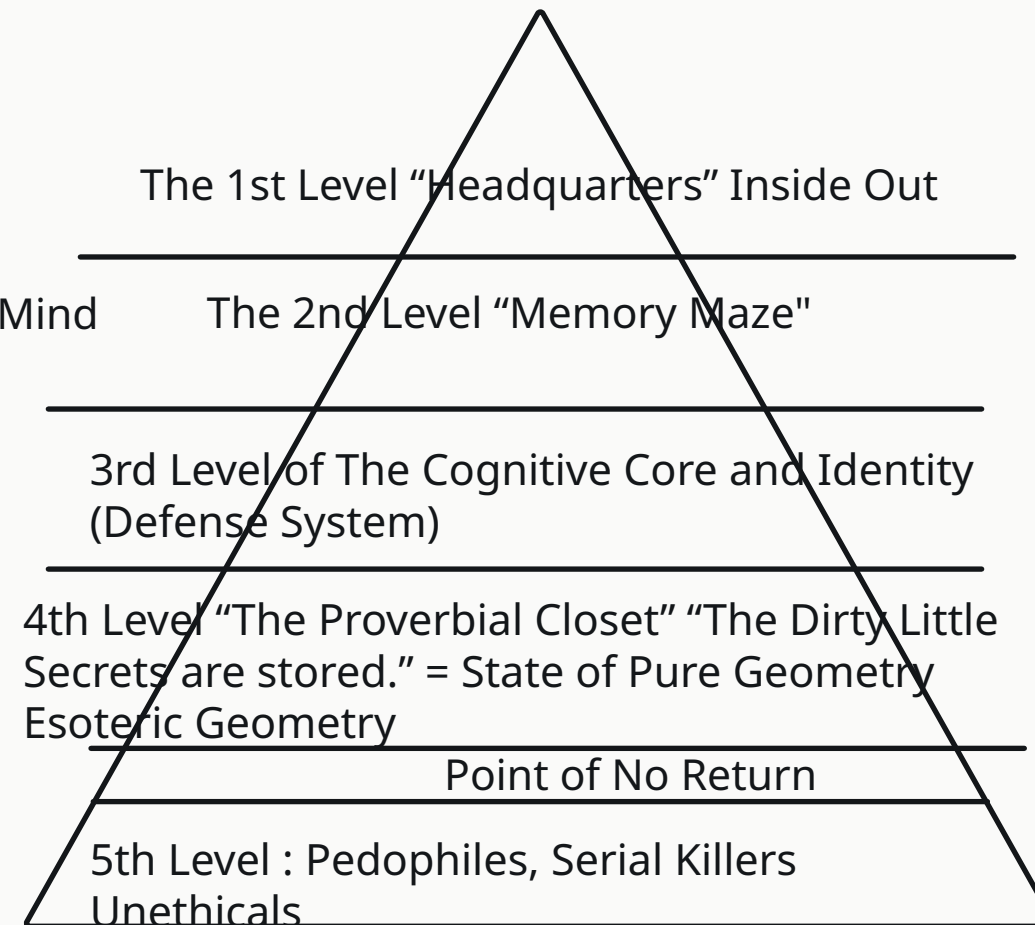
Anna's Research
From Other People

2nd Level
Barrels
Boxes

Exoteric Point of View
Non-Multiple

All the Voices Talking
Silent Reading
The 5 Parts of The Subconscious Mind

"I want X"
"I'm afraid"
"I'm not any good"
"I'm terrible"
"I am worried"
"Stop!"
"Go!"



Surrendering "If you can't be them, join them."
You realize you're so much of a monster that you
can't possibly win. So why fight it?"

Ann's POV
Esoteric Point of View
Multiple Personality Disorder
Multiple Consciousness Disorder

All the Voices Talking
Silent Reading
The 5 Parts of The Subconscious Mind
All Multiples/Alters Talking

I had a Maze with Doors

Cognitive Core
Identity
"The Closet" = The 4th Level

Shadow Self :
Core Personality => goes here during
"Memories so terrible" These
memories are too dangerous to even
PRESENT a danger to the self."

Shadow Self
Sexual
BDSM

The 5 Parts of The Subconscious Mind

By Anna Imagination of The Healing Garden

The Three Life Titans :

—> Identity : Captain “Choose The HEADING” - “Inner Child” 3 to 10 Years Gender —> ALL FEELINGS COME FROM IDENTITY (AND ARE PERMANENT) FEELINGS ARE FORCE

—> Subconscious Mind : Self-Preservation System “To Keep The Unit Safe” = Oversees the Cognitive Core —> ALL EMOTIONS COME FROM HERE (AND ARE TEMPORARY) EMOTIONS ARE ENERGY

: Self-Preservation System +> The Defense System +> +> Fear System (Guilt) +> Terror System

—> Conscious Awareness : YOU! The educated Self “Can only do as good a job as they are Educated to do.” Manager, Navigator, and the CEO of the SYSTEM “The 1st Mate”

Self-Sailing System : Intuition and Mother Nature